

Holistic Birth Center & Family Suite

Referral List

Pediatricians			
✓	Name	Address	Phone
	Dr. Avavind Dipali, MD	29099 Health Campus Dr, #325 Westlake, OH 44145	(440) 835-6165
	Cornelius Solymos, MD	960 Clague Rd, # 2100 Westlake, OH 44145	(440) 250-2088
	Kathleen Skoch, MD Amy Daso, MD Sherry Wick, NP	14601 Detroit Rd, #670 Lakewood, OH 44107	(216) 221-5901
	Govindasamy Baskar, MD Umarani Ramachandran, MD	14601 Detroit Ave, #395 Lakewood, OH 44107	(216) 529-7780 (440) 934-4030
	John Bennett II, MD	850 Columbia Rd, #101 Westlake, OH 44145	(440) 871-1717
	Rosemary Robbins , MD	140601 Detroit Ave, #250 Lakewood, OH 44107	(216) 228-3232 (440) 333-9840
	Michael Adornetto, DO Mark Gipson, MD	26908 Detroit Rd, #200 Westlake, OH 44145	(440) 250-8660 (440)933-7341
	Mervat Aziz, MD Amy Carruthers, MD Marcia Columbro, MD Andrew Garner, MD Mary Kay Greenburg	960 Clague Rd, #1850 Westlake, OH 44145	(440) 808-9228
	Khalid Akbar, MD	37460 Harvest Dr Avon, OH 44011	(440) 394-8338
	Jennifer Carandang, MD Matthew Kacir, MD	2535 Hale St, Suite A Avon, OH 44011	(440) 934-8810
	Chantal Dalencour, MD	34960 Center Ridge Rd, North Ridgeville, OH 44039	(440) 353-3433
	Paula Farner, MD	36595 Detroit Rd, Avon, OH 44011	(440) 934-4070
	Isabelita Guadiz, MD	24700 Lorain Rd, Suite 104 North Olmsted, OH 44070	(440) 716-9810
	Kausar Kherani, MD	805 Columbia, #115 Westlake, OH 44145	(440) 899-0200
	Mridula Mallik, MD	5162 Broadway, #1 Cleveland, OH 44127	(216) 271-6299
✓	Name	Address	Phone
	Shailesh Nanavati, MD	15644 Madison Ave Lakewood, OH 44107	(216) 221-3522
	Mona Patel, MD	34960 Center Ridge Rd, North Ridgeville, OH 44039	(440) 353-1008
	Teresa Ramsey, MD	5334 Meadow Lane Ct Sheffield Village, OH 44035	(440) 934-5454

Pediatricians (Continued)

✓	Name	Address	Phone
	Charles Weber, MD	34100 Center Ridge Rd, #107 North Ridgeville, OH 44039	(440) 327-1000
	Kholoud Wishah, MD	28871 Center Ridge Road #103 Westlake, OH 44145	(888) 602-7169

Doulas

✓	Name	Email	Phone
	Rebecca Schmidt	Raschmidt66@hotmail.com	(440) 353-3404 (440) 376-7885
	Mary Bader, CD	Mary.bader@gmail.com	(216) 470-9094
	Noreen Roman, CD	www.birthandbeyond.org	(440) 333-4996
	Bethany Russell, C.D.	doulabethany@yahoo.com	(216) 459-9148
	Sunday Tortelli, CD	sunTdoula@aol.com	(440) 572-2574
	Melissa Gonzalez, CD	Melissa.s.gonzalez@gmail.com	(440) 602-9809 (440) 832-0843
	Kim Wright, CD	www.doula-training.net	(440) 944-2471

Chiropractors

✓	Name	Address	Phone
	Michelle Yan, DC	853 Westpoint Pkwy, Suite 750 Westlake, OH 44145	(440) 250-9072
	Gregory Kempf, DC	30400 Detroit Rd, #200 Westlake, OH 44145	(216) 522-0300
	Ryan Haely, DC	7500 Towne Center Dr, #300 Broadview Hts, OH 44147	(440) 838-5755
	Matthew Woodworth, DC	4370 Ridge Rd Brooklyn, OH 44144	(216) 398-7246
	Medina Family Chiropractic Center	5019 Victor Dr, Suite A Medina, OH 44256	(330) 722-7709

Fitness Resources

✓	Name	Email	Phone
	Puma Yoga Maria Reyes	info@pumayoga.net	(216) 402-0266
	Personal Trainer Liz Guscott	liz@rwfitness.com	(216) 496-4229
	Pre-Natal / Post-Natal Fitness, Pat Andler Henke	hands4healing@gmail.com	(440) 871-7254

Acupuncture

✓	Name	Address	Phone
	Ann Driscoll, Lac, MAOM	14701 Detroit Rd, Suite #370 Lakewood, OH 44107 www.driscollacupuncture.com	(216)221-2632
	Anne Kinchen, R.Ac.	26401 Emery Rd, Suite 106 Warrensville Hts, OH 44128	(216) 378-9773
	Frank Caruso, L.Ac.	36855 American Way, Suite A Avon, OH 44011	(440)934-7222
	L.B. Grotte, L.Ac	5399 Mayfield Rd Cleveland, OH 44124	(440) 461-7488
	Molly Enders	1400 West 6 th Street Cleveland, OH 44113	(216) 798-0602

Massotherapists

✓	Name	Address	Phone
	Vickie Radovanic	20800 Westgate, suite 207 Fairview Park, OH 44126	(216) 392-7309
	Ilona Trommler, LMT	30638 Center Ridge Rd Westlake, OH 44145	(440) 892-4100
	Paddy O'Flynn, LMT	126 Portage Trail, #204 Cuyahoga Falls, OH 44221	(330) 688-5896 (330) 592-4640
	Jennifer Beam, LMT	www.discoverthaimassage.com	(440) 708-8224

Holistic Resources/Stores

✓	Name	Address	Phone
	Holistic Moms Network Stacy Cantlin	www.holisticmoms.org totalhealing@sbcglobal.net	(216) 221-1788
	Mentor Moms Program Katy Maistros	birthnetcleveland@yahoo.com	(216) 227-0088
	HerbLore	www.herblore.com	(877) 808-5815
	Trader Joe's	175 Market St Westlake, OH 44145	(440) 250-1592
	Nutrition Outlet	5204 Cobblestone St, Elyria, OH 44035	(440) 934-0581
	Nature's Bin	18120 Sloane Ave Lakewood, OH 44107	(216) 521-4600
	Hobarts	15001 Madison Ave Lakewood, OH 44107	(216) 221-2633
	Max Wellness	30045 Detroit Rd. Westlake, OH 44145	(440) 808-8542
	Sunray Foods Rachel Jandecka, CNHP	4481 Dover Center Rd N. Olmsted, OH 44070	(440) 779-4478

Naturopaths

✓	Name		Phone
	Jane Semple, MA, ND	4965 Dover Center Rd. N. Olmsted, OH 44070	(440) 777-2665

Breast Feeding Specialists

✓	Name		Phone
	Deb Hernlund, Kathy Emrock, Deb Skoglund	St. John West Shore	(440) 827-5451
	Pat Bucknell, BA, IBCLC	www.mothershelper.org	(440) 933-2023
	Ann M. Witt, MD	Breast Feeding Medicine	(216) 291-9210 Extension 123

Birth Classes

✓	Name		Phone
	Bradley Method of Prepared Childbirth	St. John West Shore Hospital Building 2, Auditorium B	(877) 597-6348
	Childbirth Classes	St. John West Shore Hospital Building 2, Auditorium B	(877) 597-6348
	Infant Care Classes	St. John West Shore Hospital Building 2, Auditorium B	(877) 597-6348
	Natural Family Planning	St. John West Shore Hospital Building 2, Auditorium B	(877) 597-6348
	Breast Feeding Classes	UH Westlake Medical Center 960 Clague Rd	(877) 597-6348
	Warm Water Immersion During labor & Doula Services	St. John West Shore Hospital Building 2, Auditorium A	(877) 597-6348
	New Momø Support Group	SJWS Community Outreach 29160 Center Ridge Rd, Suite R	N/A
	Breast Feeding Support Group	SJWS Community Outreach 29160 Center Ridge Rd, Suite R	N/A
	Birth Works Cleveland Susan Greene, CNM	greenemidwife@hotmail.com	
	Birth Works Strongsville Sunday Tortelli, CD	sunTdoula@aol.com	
	Pure Birth Tish Prince-Makaryk	innerharmonyholistic@cox.net	440-315-4381

Infertility Counseling

✓	Name		Phone
	Liz O'Donnell, PhD, PCC-S, PT	www.mindingmatters.com	(440) 212-2595 (440) 835-0664

