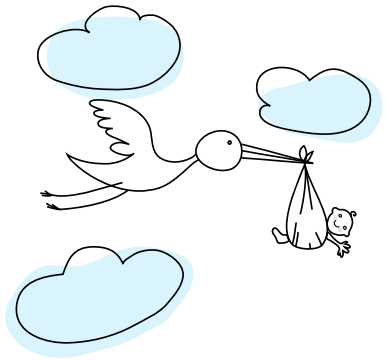


Your Birth, Your Way

at St. John Medical Center



Checklist for Time of Delivery

- Car seat check - date: _____
 - Childbirth preparation classes
 - Hospital registration paperwork including copy of insurance card
 - Overnight bag packed for hospital
 - Pediatrician chosen - who? _____
 - Other _____
- _____



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