



Congratulations on your pregnancy!

Having a baby is a special time you will remember all your life. The staff at St. John Medical Center Family Birth Center feels privileged to share the joy of your birth experience and is committed to helping you and your baby off to a safe and healthy start.

At St. John Medical Center, we believe your birth should be your way. That is why we offer a variety of options to help you plan a personalized birthing experience, always keeping your safety and comfort in mind.

Enclosed you will find information regarding our services and options available to you as you plan for your upcoming birth. This includes an orientation guide to the Family Birth Center, information about our Holistic Birthing Suite, a description of amenities, options for pain management, a calendar of childbirth and parenting classes, and a form to submit your requests in advance of your arrival.

Our hope is that you will find this information helpful as you prepare for your upcoming special delivery. Thank you for placing your trust in St. John Medical Center to care for you and your precious new arrival.

Sincerely,

Family Birth Center
St. John Medical Center

ST. JOHN MEDICAL CENTER

A CATHOLIC HOSPITAL



University Hospitals



SISTERS of CHARITY
HEALTH SYSTEM